

# Porter County Career and Technical Education News



February 8, 2019

**Career and Technical Education**

Volume 25, Issue 6

*Our job includes making a profound difference in the lives of our students!"*

*"Working Together for Every Student, Every Day"*



Porter County CTE District was one of only five districts in Indiana that met or exceeded all eight Indiana CTE performance indicators!

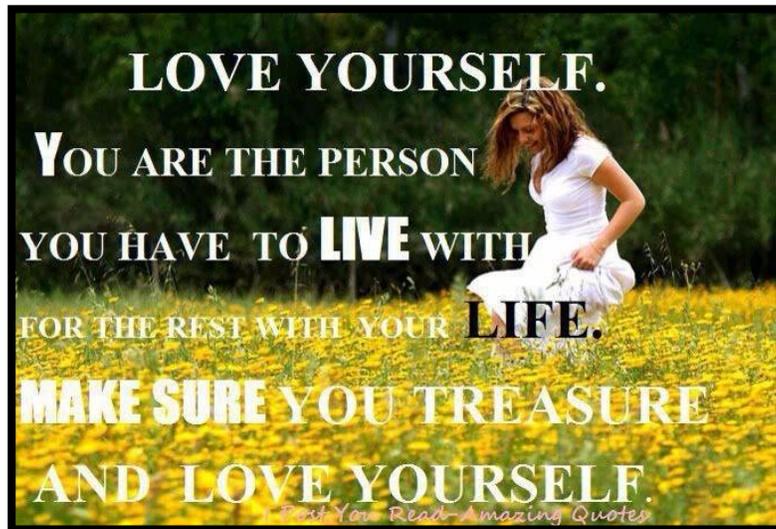


Our students had fun attending a Notre Dame hockey game.



**Porter County Career & Technical Center  
Outstanding Students 2<sup>nd</sup> Quarter  
2018-2019 School Year**

<b>Name</b>	<b>School</b>	<b>Class</b>
Tiffany Kuehl	Valpo	<i>Auto II - Wester</i>
Alec Zrodowski	Valpo	<i>Auto II- Wester</i>
Justin Morales	Valpo	<i>Auto - Furry</i>
Dalton Winqvist	Kouts	<i>Auto -Furry</i>
Alan Govert	Hobart	<i>Bldg Trds – Biernat</i>
Colin Burton	Wash. Twp.	<i>Bldg Trds – Biernat</i>
William Gillio	Hobart	<i>Entrepreneurship/Sports &amp; Entertainment Mkt – Ammons</i>
Roury Farnum	Wash. Twp.	<i>Strategic Marketing Internship - Ammons</i>
Abigail Bender	Boone Grove	<i>CAD - Guinee</i>
Clay Kraus	Boone Grove	<i>CAD – Guinee</i>
Corey Gensimore	Portage	<i>Electronics and Comp. Tech - Thormahlen</i>
Brandon Garmon	Valpo	<i>Electronics and Comp. Tech - Thormahlen</i>
Geneiya Thomas	Portage	<i>Health Occ. - S. Phelps</i>
Stephanie Hartman	Wash. Twp.	<i>Health Occ. - S. Phelps</i>
Mackenzie McCarty-Hubbard	Portage	<i>Health Occ. - Marcus</i>
Skyler VanMeter	Valpo	<i>Health Careers. - Marcus</i>
Luke Wilkening	Boone Grove	<i>Machine Trades - Carmack</i>
Dylan Vannostran	Chesterton	<i>Machine Trades – Carmack</i>
Ashlyn Alford	Boone Grove	<i>Video Prod – Phelps</i>
Katherine Davis	Kouts	<i>Video Prod – Phelps</i>
Aisha Field	Valpo	<i>Cosmetology - Fitts</i>
Stephanie St. Arnaud	Chesterton	<i>Cosmetology - Fitts</i>





Morning Stars



Afternoon Stars

Our Beauty School Depot is now soliciting clients for our salon. Students have to perform one thousand services prior to taking their state Cosmetology exam. Check out the prices and appointment times below:

## **BEAUTY SCHOOL DEPOT SALON PRICES**

Call 531-3174 for an Appointment  
 Mon-Thurs appointments are from 215-5 pm  
 And Friday from 1200-300  
 Credit or Debit Cards only! Please NO cash or checks!

**CUTS, STYLES, & MORE**

Haircuts: \$8  
 Beard Trim: \$5  
 Shampoo & Roller set: \$8  
 Sh. Blow-dry & Curl: \$8  
 Sh. Blow-dry Style: \$6  
 Flat Iron: \$15  
 Finger Waves: \$10  
 Up-Do: \$15  
 Shampoo Only: \$3  
 Scalp Treatment: \$5  
 Conditioning Treatment: \$3  
 Clarifying Treatment: \$5

**TEXTURIZING**  
 (includes cut & style)  
 Basic Perms: \$20  
 Spiral Perms: \$30  
 Additional Perm Solution: \$5  
 Relaxer: \$30  
 Relaxer new growth touch up: \$25

915 Franklin Street



**COLOR**

All Over Tint: \$25  
 Touch Up: \$20  
 Foil Highlight: \$30  
 Partial Foils (up to 8 foils): \$20  
 Cap Highlights: \$25  
 Toner: \$10  
 Additional Color: \$10

**SKIN CARE & MORE**

Facials: \$15  
 Make-Up: \$8  
 Eyebrow/Chin/Upper Lip Wax  
 \$5 for each area waxed

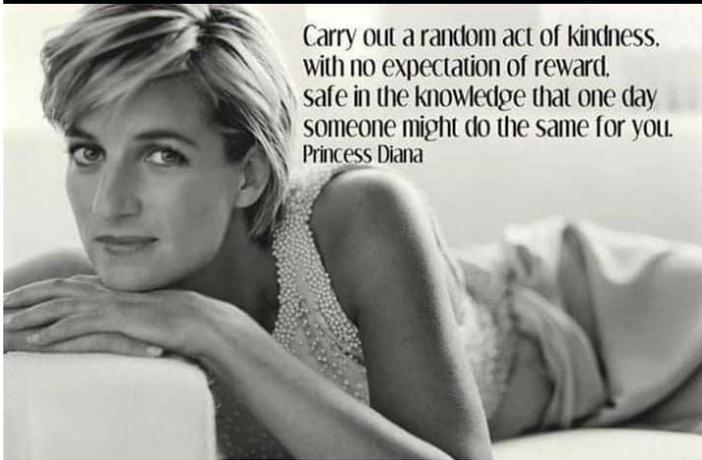
**NAIL CARE**

Full Manicure: \$10  
 Buff & Polish: \$5  
 Pedicure: \$18

*\*All services subject to 3.49% service fee*

Health Careers students from Wheeler HS are pictured at right taking a selfie with Principal Groth.





Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you.  
Princess Diana

### Build Intentional Self-Care Habits

1. Get a Good Night's Sleep
2. Take a Morning Walk
3. Learn Some Basic Yoga Poses
4. Unwind When You Get Home
5. Practice Mindfulness
6. Set Personal Boundaries
7. Breathe Deeply
8. Find Shapes in the Clouds
9. Declutter Your Space
10. Have Lunch in the Park

From "The Little Book of Self-Care: 200 Ways to Refresh, Restore and Rejuvenate," below are a few ideas to consider building into your personal renewal efforts this year. Indiana Youth Institute Weekly Update, Week of January 1, 2019.



Siblings, Nick Marrell current Electronics II student and Viviana Ramirez, Health Occ/2018 grad get together in our hallway.

Please join our Facebook page "Porter County Career and Tech Center", and join "Porter County Career Network", that is the page where we post jobs from employers looking for our students and alumni.

***"The question is not whether we can afford to invest in every child; the question is whether we can afford not to." - Marian Wright Edelman***

These are the Work Ethic Skills that are taught and practiced in every CTE program.

**What does an employer expect of me as an employee?**

1. Show a positive attitude
2. Work well with others
3. Follow directions
4. Arrive to work on time
5. Recognize problems and find solutions
6. Manage time effectively
7. Apply good listening skills
8. Be honest and dependable
9. Know the need to pass a drug or background check
10. Dress properly and practice good hygiene

**Got what it takes?**

Center of Workforce Innovations  
[www.innovativeworkforce.com](http://www.innovativeworkforce.com) [www.gotoworkonenw.com](http://www.gotoworkonenw.com)  
 WorkOne  
 National Skills Network Board, Inc.

These are things we can all do that require no sweat and no fuss. Let's all master these important skills.

***Listen with patience.  
 Answer with kindness.  
 Act with love.***

**Being On Time  
 Making An Effort  
 Being High Energy  
 Having A Positive Attitude  
 Being Passionate  
 Using Good Body Language  
 Being Coachable  
 Doing A Little Extra  
 Being Prepared  
 Having A Strong Work Ethic**

## Warning Signs of Suicide

- Threatening to or talking about hurting or killing oneself
- Looking for ways to kill oneself by seeking access to firearms, available pills, or other means
- Anxiety, agitation, unable to sleep or sleeping all of time
- Expressions of hopelessness or feeling trapped
- Withdrawal from friends, family, and society
- Rage, uncontrolled anger, desire for revenge
- Talking or writing about death, dying, or suicide
- Expressing a lack of reason to live or sense of purpose
- Impulsively engaging in reckless or risky behaviors
- Increase substance (alcohol or drug) use
- Dramatic mood changes

If observed, seek help as soon as possible by contacting a mental health professional or calling 1-800-273-TALK (8255) for a referral. Source: American Association of Suicidology

### How to find out about school closings:

School closings/delays are posted on your school website, your school text messaging service, [cancellations.com](http://cancellations.com), or WLJE Radio (and their website at <https://indiana105.com/region-cancellations/>).

The Career Center follows the Valparaiso School schedule - Any and all students, parents, and guardians in the district may sign up for the Valparaiso Schools Text Messaging service. Simply text "yes" to 68453.

WLJE radio and their [website](#) is also a reliable source of official school closing announcements.

The Approved Career Center Policy is as follows:

***Students driving to vocational classes should be extra cautious and not drive if his/her parents deem driving to be unsafe. In such instance, they should call off by notifying their CTE teacher. These instances will be considered administrative absences and any missed work will be allowed to be made up with no penalty. "The safest and most reliable transportation is on a school bus"***

### This is our CTE District Initiative – No Texting While Driving

Texting behind the wheel is killing people. Youthful drivers are especially at risk. One in ten teen drivers involved in a fatal crash were distracted, and a quarter of teens send a text every time they drive. Texting while driving is dumb and illegal, but even worse would be explaining how you lost a friend because of your unnecessary texting. Please sign our No Texting While Driving Pledge located in our Career Center Commons Area.

- ✓ Put your phone away while driving (purse or glove compartment)
- ✓ Designate a passenger to do the texting for you
- ✓ Pull over to answer the phone or to type or read a text
- ✓ Don't be the next Distracted Driving victim!



#### Parents may Purchase Inexpensive Drug Test Kit

Parents may purchase drug tests for only \$5.00. Call 219-462-0946 to make an appointment to pick up a kit. **The Porter County Substance Abuse Council** address is 57 S. Michigan, Suite 203, Valparaiso, 46383. You can now enter from either the front or rear of the building.

**Porter County Career and Tech program is proud of our most recent state data (2016 - 017 School Year). Our District was one of the only three districts to exceed all required core standards:**

*Program Completion Rate: 99.7%*

*Placement in work, college, or both: 96%*

*Technical Skill attainment: 89%*

*H.S. Graduation: 95% (compared to the statewide graduation rate of 87%)*

*In addition, students earned 4,457 free college credits last year*

## Next Level Jobs Opportunity

Starting in the fall of 2018, **ALL** Hoosiers with a high school diploma may be eligible to earn a tuition-free certificate in Indiana's highest-demand job sectors through Governor Holcomb's Next Level Jobs initiative! Eligible job sectors include Advanced Manufacturing; Building & Construction; Health & Life Sciences; IT & Business Services; and Transportation & Logistics (see attached for a full list of certificate options). This is a great opportunity for CTE students who have earned some dual credit while in high school but have not yet been awarded a certificate from a two-year college.

To be considered, students simply need to file a FAFSA. Even students who missed the April 15<sup>th</sup> FAFSA deadline are eligible! To get connected with an eligible program, students should visit [NextLevelJobs.org](http://NextLevelJobs.org) and click on "I'm a Next Level Job Seeker." After completing a short questionnaire, Ivy Tech Community College or Vincennes University will reach out to the student to help them enroll.

The Commission will be hosting a webinar with more information about the Workforce Ready Grant on Wednesday, May 9<sup>th</sup> at 9:30 AM EDT. [Please sign up here!](#) If you have any questions, please visit [NextLevelJobs.org](http://NextLevelJobs.org) or email [NextLevelJobs@che.in.gov](mailto:NextLevelJobs@che.in.gov)

Sincerely, Indiana Commission for Higher Education

## Calendar:

- ❖ February 14, Reward trip to Chicago Auto Show, 430 – 930 pm
- ❖ April 16, 330-430, District Advisory Committee Meeting at the Career and Tech Center, 1005 N. Franklin Street, Valparaiso

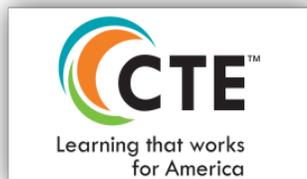
It is the policy of the Porter County Career and Technical Education Program to comply with all state and federal regulations prohibiting discrimination on the basis of race, color, religion, sex, national origin, age, or disability in enrollment procedures or access to programs.

## Our Newsletter

*Porter County Career and Technical Education News* is a newsletter for promoting the high achievement of our students and staff. Written contributions to the newsletter are always welcome. Most articles should be written in 100 words or less. Please fax (531-3173), call (531-3170), or email ([jgroth@valpo.k12.in.us](mailto:jgroth@valpo.k12.in.us)) with news to be published about you and your students.

[www.pccte.org](http://www.pccte.org)

Facebook: *Porter County Career Network*  
Facebook: *Porter County Career and Tech Center*



*Porter County Career and Technical Education*